

September 16 is

WORKING PARENTS DAY



According to our
Bureau of Labor Statistics,
full-time working parents
in the U.S. spend an
average weekday . . .

Working

7 hours and 42 minutes

Preparing food, cleaning, doing laundry

just over 1 hour

Caring for their children

nearly one hour

Socializing

less than 30 minutes

Sleeping

7 hours and 49 minutes

